
























	WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	(Salad/Raita)	 TOSSED SALAD	 SWEET CORN SOUP	 INDIAN SALAD	 COLESLAW SALAD	 VEG CREAM OF SOUP
	Vegetable	 HARA BHARA KOFTA	 PASTA	 BHINDI DO PYAZA	 TENDLI BHAJI	 VEG MANCHURIAN
	Rice	 RICE	 VEG GARLIC FRIED RICE	 JEERA RICE	 CHOLE	 VEG HAKKA NOODELS
	Dal	 YELLOW DAL FRY		 WHOLE MASSORE DAL	 PLAIN RICE	
	Chapatti	 CHAPATI	 CHAPATI	 CHAPATI	 PURI	 VEG FRIED RICE
	Dessert/Curd	 ICE CREAM	 FRUIT CUSTARD	 JALEBI	 SHAHI TUKDA	 FRESH FRUIT SALAD